

LUN

MAR

MER

JEU

VEN

SAM

DIM

NEW

9h00
**YOGA
AU FEMININ**
LAURA

NEW

12h15
**BODYWORK
PILATES**
CAROLE

NEW

11h00
QI GONG
FRANCK

NEW

14h30*
**YOGA
PARENTS/ENFANTS**
CLOTILDE

NEW

14h30*
**YOGA
PARENTS/ENFANTS**
CLOTILDE

NEW

18h45
**BODYWORK
PILATES**
CAROLE

NEW

18h45
YOGA VINYASA
MARILYNE

12h00
HATHA YOGA
CLOTILDE

18h30
HATHA YOGA
VERO

20h00
HATHA YOGA
VERO

20h15
HATHA YOGA
CLOTILDE

09h15
HATHA YOGA
FRANCOISE

10h00
**ASHTANGA
VINYASA**
JULIA

11h30
**ASHTANGA
DEBUTANT**
JULIA